

# The Central Messenger

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Seventh-Day  
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## Pastor's Corner by Pastor Tony Rodriguez Jr.

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I opened some of my mail today and found a flyer announcing a special offer price if we were to order "The Final Events of Bible Prophecy" DVD. There was a certain price for one DVD and then another price for 25 DVD's and then another price if we ordered 100 DVD's. I just had to laugh at what they were advertising. Their top number wasn't even close to ours by at least 5,900 copies! Praise the Lord!! I don't know about you but I keep myself well stocked with these DVD's because God is opening the doors everywhere in order to give these out. And the object is to simply get them out, I really don't care how you do it, please use discretion with that last statement. But just get them into the hands of the people and let God do the rest.

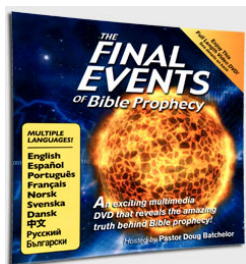
I just got back

from flying out east this past weekend and as I was studying my Sabbath School lesson I was convicted that I needed to share at least one DVD with the person next to me. So now I was left with how do I get this thing in their hands? I proceeded to ask the young lady next to me if she knew how the world was going to end and she said yes. I really wasn't expecting that answer. She said that she had been studying revelation at her church and was fully informed therefore I proceeded to tell her "well then this will be a great compliment to your study" and gave her the DVD. She said thank you and my mission was accomplished.

Well partially, I still had a return flight. On the flight back home God allowed some things to allow some bonding between us passengers and later on

in the flight I asked the gentleman a question. I asked "have you seen I Am Legend with Will Smith?" and he said yes. Then I asked him, "what did you think of the movie?" he said it was ok and that he had read the original book that it's based on. Then I asked him, "so how do you think the world is really going to end?" and he didn't have a clue and then I gave him the DVD and told him that he needed to watch this DVD. He was very thankful, shook my hand and gave me his name.

Everywhere we go there's someone where we can share this end time message. Grab a good amount of DVD's, keep them with you at all times, pray that God will give you an opportunity to share and watch God open the doors.



## Proper Attitude (position) in Prayer by E.G. White

I have received letters questioning me in regard to the proper attitude to be taken by a person offering prayer to the Sovereign of the universe. Where have our brethren obtained the idea that they should stand upon their feet when praying to God? One who has been educated for about five years in Battle Creek was asked to lead in prayer before Sister White should speak to the people. But as I beheld him standing upright upon his feet while his lips were about to open in prayer to God, my soul was stirred within me to give him an open rebuke. Calling him by name, I said, "Get down upon your knees."



This is the proper position always.

*(Luke 22:41, Acts 9:40, Acts 7:59, 60, Acts 20:36, Acts 21:5, Ezra 9:5,6, Psalms 95:6, and Ephesians 3:14 all quoted.)*

I present these proof of texts with the inquiry, "Where did Brother H obtain his education?" - at Battle Creek. Is it possible that with all the light God has given to His people on the subject of reverence, that ministers, principals, and teachers in our schools, by precept and example, teach young men to stand erect in the devotion as did the Pharisees? Shall we look upon this as significant of their self-

sufficiency and self-importance? Are these traits to become conspicuous?

We hope that our brethren will not manifest less reverence and awe as they approach the only true and living God than the heathen manifest for their idol deities, or these people will be our judges in the day of final decision. I would speak to all who occupy the place of teachers in our schools. Men and women, do not dishonor God by your irreverence and pomposity. Do not stand up in your Pharisaism and offer your prayers to God. Mistrust your own strength. Depend not in it; but often bow down on your knees before God, and worship Him.

*- Selected Messages, Book 2, pp. 311-314*

## 10 Ways to Manage your Hay Fever Symptoms

"Hay fever" (seasonal allergic rhinitis) affects over 20% of the people living in the U.S. Most common in early spring, the symptoms of hay fever develop as a reaction to allergens (allergy-causing substances) in the air, most notably to pollens in the early spring. Other examples of airborne allergens include mold spores, dust, and animal dander.

The American Academy of Allergy, Asthma, and Immunology (AAAAI) has some useful tips for those who suffer from seasonal allergies:

1. Wash bed sheets weekly in hot water.
2. Always bathe and wash hair before bedtime (pollen can collect on skin and hair throughout the day).
3. Do not hang clothes outside to dry where they can trap pollens.
4. Wear a filter mask when mowing or working outdoors.
5. Avoid peak times for pollen exposure (hot, dry, windy days, usually between 10 a.m. and 4 p.m.). Although pollens are usually emitted in early morning, peak times for dissemination are between around 10 a.m. and 4 p.m.
6. Be aware of local pollen counts in your area (visit the National Allergy Bureau Web site).
7. Keep windows and car windows closed; use air conditioning in both if possible rather than opening windows.
8. Perform a thorough spring cleaning of your home, including replacing heating and A/C filters and cleaning ducts and vents.
9. Check bathrooms and other damp areas in your home frequently for mold and mildew, and remove visible mold with nontoxic cleaners.
10. Keep pets out of the bedroom and off of furniture, since they may carry pollen if they have been outdoors.



## What is Investment?

It's been around in the Adventist Church for more than 100 years. It brings in about \$4 million each year. And some people don't even know what it is. But Sabbath school Investment is coming back to life. Investment was designed for church members who like to see new, innovative projects that have the potential to really make a difference in communities in the interests of the kingdom of God.

Investment offerings go beyond what we regularly and systematically do in our tithes and offerings. The Investment idea starts in the mind of a person who is challenged by the concept of partnership with God—with making an initial “investment” in a project that is dedicated to God through the Sabbath school Investment program. You begin with “seed money” to start a new venture that is dedicated to God. The profits from this project are then contributed to the Investment program in support of new outreach programs.



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E a c h

year, on a rotating basis, two union conferences in North America are encouraged to select projects in local conferences that are new and interesting enough to spark the support of Investment leaders and church members. All 13 world divisions of the Adventist Church have their own projects. From the funds allocated to the North American Division for Investment, a portion goes to the projects that have been highlighted and advertised throughout the year.

-G. EDWARD REID, Stewardship director, North American Division

Source: [www.adventistreview.org](http://www.adventistreview.org)

For 2008, the two union conferences that will benefit from Investment Funds are the Mid-America Union and Pacific Union.

- **Custer County Evangelism Center sponsored by the Dakota Conference.** This will focus on evangelism and disciple-making



within Hermosa, Custer County, South Dakota.

- **Rapid City, South Dakota Church Plant.** The funds will assist in the establishment of a healthy permanent SDA church where there is not one presently.
- **Native American Discipling & Equipping Institute in Monument Valley, Utah.** This project will establish a training center for educating capable Native Americans to promote church growth and evangelism throughout the Navajo Reservation.
- **Vietnamese Publishing House and Ministry.** The goal of the leaders of this project is to establish a publishing ministry in the Vietnamese language for the Vietnamese people living in Southern California, across the North American Division, and around the world.

-source: 2008 Mission Investment Projects Summary

## Health Nugget

Our tables should bear only the most wholesome food, free from every irritating substance. The appetite for liquor is encouraged by the preparation of food with condiments and spices. These cause a feverish state of the system, and drink is demanded to allay the irritation. Dishes highly seasoned with salt and pepper irritate and inflame the delicate coating of the stomach and create an almost intolerable thirst which water does not quench. Food should be prepared in as simple manner as possible, free from condiments and spices, and even from an undue amount of salt.

- *Healthful Living* p. 92, 93

## March Birthday Celebrants

- 2 Sangiam Manivanh
- 5 Richard deVries  
Delmar Miguel
- 6 Marcia Cardenas
- 29 Alex Lacayo





## Vacation Bible School

The Children's Ministries Department is currently looking for volunteers for Vacation Bible School this summer. Please sign up and be a part of this wonderful ministry. Sign-up sheets are in front of the church foyer.

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# March 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>9</b> Daylight Savings Time Starts 	<b>10</b> 7pm—Business Meeting	<b>11</b> 7pm—Merly Ortiz's Small Group Mtg	<b>12</b> 6:30pm—Financial Peace University	<b>13</b>	<b>14</b> Sunset: 7:13pm 7pm—Tony Hermosillo's Small Group	<b>15</b> Sunset: 7:14pm SP: David Miguel 5pm—Vespers
<b>16</b>	<b>17</b> 7pm—Prayer Meeting	<b>18</b> 7pm—Merly Ortiz's Small Group Mtg	<b>19</b> 6:30pm—Financial Peace University	<b>20</b> First day of Spring 	<b>21</b> Sunset: 7:19pm 7pm—Tony Hermosillo's Small Group	<b>22</b> Sunset: 7:20pm SP: Pastor Tony Rodriguez Jr. 5pm—Vespers
<b>23</b>	<b>24</b> 7pm—Prayer Meeting	<b>25</b> 7pm—Merly Ortiz's Small Group Mtg	<b>26</b> 6:30pm—Financial Peace University	<b>27</b>	<b>28</b> Sunset: 7:26pm 7pm—Tony Hermosillo's Small Group	<b>29</b> Sunset: 7:27pm SP: Helen Varela 5pm—Vespers
<b>30</b>	<b>31</b> 7pm—Prayer Meeting	<b>1 APRIL</b> 7pm—Merly Ortiz's Small Group Mtg	<b>2</b> 6:30pm—Financial Peace University	<b>3</b>	<b>4</b> Sunset: 7:32pm 7pm—Tony Hermosillo's Small Group	<b>5</b> Sunset: 7:33pm SP: Pastor Tony Rodriguez Jr. 5pm—Vespers
<b>6</b>	<b>7</b> 7pm—Prayer Meeting	<b>8</b> 7pm—Merly Ortiz's Small Group Mtg	<b>9</b> 6:30pm—Financial Peace University	<b>10</b>	<b>11</b> Sunset: 7:38pm 7pm—Tony Hermosillo's Small Group	<b>12</b> Sunset: 7:39pm SP: Pastor Tony Rodriguez Jr. 5pm—Vespers
<b>13</b> Week of Prayer	<b>14</b> Week of Prayer	<b>15</b> Week of Prayer	<b>16</b> Week of Prayer	<b>17</b> Week of Prayer	<b>18</b> Sunset: 7:44pm Agape Feast Week of Prayer	<b>19</b> Sunset: 7:45pm SP: Pastor Tony Rodriguez Jr. 5pm—Vespers



# San Jose Central

Seventh-Day Adventist Church

San Jose Central  
Seventh-Day Adventist Church  
2345 Alum Rock Ave.  
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E-mail: [sanjosecentralsda@sbcglobal.net](mailto:sanjosecentralsda@sbcglobal.net)

Office Hours: Tuesday—Thursday 10am—3pm  
Wednesday 5pm—9pm

Sabbath Services: Sabbath School: 9:20 am  
Divine Worship: 10:50am

**Mission:** Our mission is to spread the gospel message of Jesus Christ to our community through the power of the Holy Spirit and to provide an affectionate and welcoming place of worship in the unified and spiritual body of Christ through prayerful Bible study and involvement in soul winning and hospitable activities with the goal of preparing ourselves and the city of San Jose for the second advent of Jesus Christ.

**Vision:** We, the San Jose Central Church through the power of the Holy Spirit, strive for an environment filled with unified disciples who work diligently for the cause of advancing the Kingdom of God.

